



NEWS RELEASE

Public Contact: 843-795-4386 / www.charlestoncountyparks.com

Media Contact: Sarah Reynolds / 843-795-4386 / sarah.reynolds@ccprc.com

Read this online: www.ccprc.com/newsreleases

Run Wild at Caw Caw! Where the Wild Things Run 5K and Kids Dash set for March 7

[RAVENEL, SC] – Runners and walkers of all ages are invited to unleash their wild sides on the nature trails of Caw Caw Interpretive Center when the Charleston County Parks hosts the annual **Where the Wild Things Run 5K Trail Run and Walk and Kids Dash on Saturday, March 7**. Registration is now open and ends March 4. **Early registration is encouraged as this event is expected to sell out in advance.**

Runners of all ages and experience levels and those who simply enjoy a peaceful walk in nature are invited to explore the scenic trails of Caw Caw. After the race, stick around for the awards ceremony with food and beverages.

The race begins at 8:30 a.m. on March 7. The 5K is for runners and walkers of all abilities ages 8 and up. Kids are invited to participate in the Wild Kids Dash, an untimed fun run across the finish line that includes a finisher medal. Ages 15 and under must be accompanied by an adult chaperone.

The 5K race fee is \$38 and the Kids Dash is \$5 per person. **Registration ends Wednesday, March 4.** Early registration is encouraged as the race is expected to sell out in advance. There will not be on-site or race day registration available. Register now at CharlestonCountyParks.com ([direct link](#)).

To help preserve and protect the site's natural resources and interpretive trails, dogs and bicycles are not allowed at Caw Caw. Please be aware that the course offers occasional areas of uneven terrain and varies from hard-packed trails with roots to grass and boardwalks. Strollers are not recommended during Where the Wild Things Run. Water stations will be available on the course, but pre-filled, personal water bottles are highly recommended. The race course is a loop. Accessible parking and restrooms are available.

Caw Caw Interpretive Center is a 654-acre site in Ravenel that is rich in natural, cultural and historical resources. It contains areas managed for wildlife including waterfowl, songbirds, otters, deer and more, as well as favored habitats for rare wildlife such as American Alligators, Swallow-tailed Kites, Bald Eagles and others. The scenic park features more than seven miles of trails with trailside exhibits, elevated boardwalks through wetlands, historic rice fields, remnants of a former tea farm, and wildlife habitats.



Register for the Where the Wild Things Run 5K and Kids Dash online at CharlestonCountyParks.com ([direct link](#)) or call 843-795-4386.

Owned and managed by the Charleston County Park and Recreation Commission (CCPRC), Caw Caw Interpretive Center is located at 5200 Savannah Highway (Hwy 17 South). The mission of CCPRC is to improve the quality of life in Charleston County by offering a diverse system of park facilities, programs and services. The large park system features over 11,000 acres of property and includes four land parks, three beach parks, four seasonally-lifeguarded beach areas, three dog parks, two landmark fishing piers, three waterparks, 19 boat landings, a skate park, a historic plantation site, a climbing wall, a challenge course, an interpretive center, an equestrian center, cottages, a campground, a marina, as well as wedding, meeting and event facilities. CCPRC also offers a wide variety of recreational services – festivals, camps, classes, programs, and much more. For more information on CCPRC, call 843-795-4386, or visit www.charlestoncountyparks.com.