



NEWS RELEASE

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Lowcountry Trail Half Marathon and 5K Continues On Johns Island Oct. 9

Enjoy a scenic run with Charleston County Parks

[JOHNS ISLAND] – Prepare for a scenic Johns Island trail run at the annual Lowcountry Trail Half Marathon and 5K. Charleston County Parks is thrilled to invite runners back to Johns Island County Park for the race on Saturday, Oct. 9.



Runners will take in spectacular foliage and moss-draped oaks as they make their way through Johns Island's breathtaking trails. Races are offered for two distances: a half marathon and 5K. The half marathon begins at 8 a.m. The 5K will begin at 8:30 a.m.

Pre-registration ends on Monday, October 4. On-site registration will not be available. Participants ages 10-15 can register for the 5K but must be

accompanied by an adult chaperone who is also running the 5K. Dogs are not allowed on the course. The half marathon is a run only event.

"We welcome the opportunity to return to one of the local trail running community's favorite venues, Johns Island County Park," said Charleston County Parks Fitness and Wellness Manager Allison Foster. "It's a rural beauty that offers varied terrain and moss draped oaks. The option to choose two dramatically different distances, a Half Marathon or a 5K, makes this race appealing to all fitness levels."

Johns Island County Park is located at 2662 Mullet Hall Road, just off River Road. The park sits on 738 acres and offers miles of trails for runners, walkers and equestrians. During normal park hours, an archery range, dog park and disc golf course are also available.

For more information on the Lowcountry Trail Half Marathon and 5K, to view race course maps or to register, visit www.CharlestonCountyParks.com or call 843-795-4386. This event is brought to you by Athleta, Food Lion, The Foot Store, and your Charleston County Parks.

Owned and managed by the Charleston County Park and Recreation Commission (CCPRC), Johns Island County Park is located at 2662 Mullet Hall Road. The mission of CCPRC is to improve the quality of life in Charleston County by offering a diverse system of park facilities, programs and services. The large park system features over 11,000 acres of property and includes six regional parks, a skate park, three beach parks, four seasonally-lifeguarded beach areas, three dog parks, two landmark fishing piers, three waterparks, 19 boat landings, a climbing wall, a challenge course, an interpretive center, a historic plantation site, an equestrian center, cottages, a campground, a marina, as well as wedding, meeting and event facilities. The park system also offers a wide variety of recreational services - festivals, camps, classes, programs, and more. For more information on CCPRC, call 843-795-4386, visit CharlestonCountyParks.com or download the Charleston County Parks mobile app.

High-resolution photos available.

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