Charleston Sprint Triathlon Series
Bike Course Description

- Head east out of Transition onto James Island Pkwy
- Turn right onto Osprey Point
- Right back onto James Island Pkwy
- Turn right onto Riverland Drive at the park entrance
- Very sharp right turn onto Grimball Road
- Right onto Folly Road
- Turn around at the Fire Station making a slight right onto Old Folly Beach Road
- Left onto Folly Road
- Left onto Grimball Road
- Slight right onto Riverland Drive
- Left into James Island County Park (James Island Pkwy)
- Right into Transition
The run course is basically a two loop course. Runners begin on the road then move to the path about 3/4 around the loop. Runners continue on the path that runs between the Swim Start/Finish and Transition. Runners will remain on the path until 3/4 around the loop where they move back to the road. Continue on the road towards the main entrance to the park. The turn around is just before the main entrance. Runners then make two sharp right turns to the finish line.