

Youth Triathlon

Course: 11-15 Year Olds

Bike Course is Route 1 in blue
Run Course is Route 2 in red

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|--------------|----------------|--------------|
| Total | Length | Elev. gain |
| | 6.30 mi | 33 ft |

| | | | |
|--|----------------|--------------|-----|
| Route 1 | Length | Elev. gain | ... |
|  | 2.07 mi | 13 ft | |

| | | | |
|--|----------------|--------------|-----|
| Route 2 | Length | Elev. gain | ... |
|  | 4.23 mi | 20 ft | |



The 200 yard swim will be an out and back in the shallow water that runs parallel to the shore. The 4 mile bike course is a 2 mile loop inside the park, repeated 2 times. The 2 mile run course will be a 1 mile loop, repeated 2 times along the all purpose path.

