

	Division	Swim Start Times	Cap Color	
WAVE 1	OPEN ELITE	7:15AM		Silver
WAVE 2	Men 55 Over	7:17AM		Navy Blue
WAVE 3	AG MEN 50-54; CLYDESDALE DIVISION	7:21AM		Red
WAVE 4	AG WOMEN 34 & UNDER	7:25AM		Pink
WAVE 5	AG WOMEN 35-49	7:29 AM		Yellow
WAVE 6	AG WOMEN 50 & OVER, ATHENA DIVISION	7:33AM		Green
WAVE 7	AG MEN 40-49	7:37AM		Powder Blue
WAVE 8	AG MEN 30-39	7:41AM		White
WAVE 9	AG MEN 29 & UNDER	7:45AM		Purple