



ADVENTURE BOUND & ADVENTURE CAMP TEEN VENTURE & TEEN EXPEDITION (James Island and Palmetto Islands)

WHAT TO BRING TO CAMP EVERY DAY (*label all items with child's name and bring in a backpack*):

- **FOOD**
 - Bag lunch and snacks for break time

- **PERSONAL ITEMS**
 - Medications (*in original prescription bottle clearly labeled with instructions*)
 - Personal water bottle
 - Insect repellent
 - Swimsuit and towel
 - Water shoes (*secured to your foot while swimming*)
 - Sneakers for outside activities
 - Rain jacket (when appropriate)

- **SUN PROTECTION**
 - Sunscreen – water resistant and 30 SPF (*apply before arrival*)
 - Hat, rash guard, sunglasses

- **TEEN EXPEDITION OVERNIGHTS:** in addition to items listed above, please bring the following:
 - Additional clothing as necessary (based on 5 days, 4 nights)
 - Pillow
 - Flashlight
 - Toiletry items, toothbrush, etc.
 - Reusable bowl, cup, and eating utensils

OTHER IMPORTANT INFORMATION

- Please leave all valuables (*including cell phones, electronics, jewelry, knives, etc.*) at home and limit daily allowance (money is not a necessity at camp).
- Teen Expedition offers overnight camping with four overnights (*tents, sleeping bags, and sleep pads are provided*)

MEETING PLACE

- James Island: Wappoo Shelter
- Palmetto Islands: Sweet Gum Shelter
 - For further directions, please call (843) 795-4386



EXPLORERS CAMP

(James Island, Palmetto Islands, and Wannamaker)

WHAT TO BRING TO CAMP EVERY DAY (*label all items with child's name and bring in a backpack*):

- **FOOD**
 - Bag lunch and snacks for break time

- **PERSONAL ITEMS**
 - Medications (*in original prescription bottle clearly labeled with instructions*)
 - Personal water bottle
 - Insect repellent
 - Swimsuit and towel
 - Water shoes or flip flops
 - Sneakers for outside activities
 - Rain jacket (*when appropriate*)

- **SUN PROTECTION**
 - Sunscreen – water resistant and 30 SPF (*apply before arrival*)
 - Hat, rash guard, sunglasses

OTHER IMPORTANT INFORMATION

- Please leave all valuables (*including cell phones, electronics, jewelry, knives, etc.*) at home and limit daily allowance (money is not a necessity at camp).

MEETING PLACE

- James Island: Conference Center
- Palmetto Islands: Big Oak Shelter
- Wannamaker: Day Camp Room
 - For further directions, please call (843) 795-4386