

Charleston Sprint Triathlon Series #3

2021 CSTS3

Race Date

July 11, 2021

Place	Name	Age	Gnd	Swim		T1		Bike			T2		Run 5K			Total Time	
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
1	Emmanuel Ruelis	38	M	1	7:40.51	1:17	5	0:53.27	3	28:17.55	25.4	2	0:23.28	6	18:46.85	6:04	56:01.46
2	Alexis Hutton	22	M	4	7:59.66	1:20	1	0:44.86	2	28:03.44	25.7	5	0:25.24	9	19:04.55	6:09	56:17.75
3	William Riley	28	M	13	8:39.66	1:27	13	0:59.24	4	28:37.54	25.2	22	0:34.49	5	18:27.43	5:57	57:18.36
4	Kyle Hosting	26	M	30	10:01.89	1:40	45	1:23.64	5	29:22.59	24.5	34	0:41.48	2	16:47.81	5:25	58:17.41
5	Matthew Schaefer	35	M	5	8:02.67	1:20	3	0:50.47	11	30:03.63	24.0	13	0:31.47	8	18:59.60	6:08	58:27.84
6	Jason McCormack	32	M	7	8:12.66	1:22	6	0:53.30	1	27:58.58	25.7	14	0:31.53	31	21:03.06	6:47	58:39.13
7	Michael Seth	33	M	36	10:14.95	1:42	20	1:03.32	6	29:32.33	24.4	23	0:35.17	17	20:29.65	6:37	1:01:55.4
8	Adam Pomerantz	41	M	24	9:47.76	1:38	7	0:54.36	13	30:17.68	23.8	4	0:24.67	24	20:46.31	6:42	1:02:10.7
9	John Duberley	33	M	60	11:03.51	1:51	23	1:05.86	26	31:41.11	22.7	94	1:05.77	3	17:28.49	5:38	1:02:24.7
10	Charles Deaton	16	M	3	7:47.12	1:18	8	0:54.56	37	33:00.87	21.8	48	0:48.05	13	20:11.47	6:31	1:02:42.0
11	Dominic Edl	16	M	2	7:44.57	1:17	12	0:58.86	33	32:50.89	21.9	66	0:53.80	14	20:14.86	6:32	1:02:42.9
12	Drew Brashear	47	M	18	9:18.36	1:33	30	1:10.62	14	30:21.17	23.7	26	0:36.37	35	21:22.54	6:54	1:02:49.0
13	Matt Jones	39	M	33	10:10.84	1:42	29	1:09.84	25	31:27.11	22.9	24	0:35.34	11	19:25.98	6:16	1:02:49.1
14	Sandy O'Keefe	42	F	29	9:58.65	1:40	24	1:06.62	10	29:43.80	24.2	18	0:32.95	38	21:35.82	6:58	1:02:57.8
15	Drew Regan	46	M	26	9:53.63	1:39	58	1:29.85	8	29:35.22	24.3	53	0:49.12	42	21:46.12	7:01	1:03:33.9
16	Gately Williams	35	M	49	10:45.02	1:48	39	1:16.35	15	30:24.32	23.7	28	0:37.74	20	20:35.83	6:39	1:03:39.2
17	Michal Kovac	42	M	43	10:28.89	1:45	4	0:50.58	7	29:33.26	24.4	30	0:39.34	45	22:22.53	7:13	1:03:54.6
18	Kat Wilcox	32	F	44	10:29.25	1:45	9	0:55.45	19	30:50.58	23.3	8	0:26.85	36	21:26.81	6:55	1:04:08.9
19	Herbie Reeves	55	M	16	9:10.01	1:32	17	1:02.07	18	30:49.49	23.4	55	0:49.68	48	22:43.91	7:20	1:04:35.1
20	Gage Hicks	31	M	58	11:00.14	1:50	19	1:02.46	39	33:06.22	21.7	68	0:54.56	7	18:59.37	6:08	1:05:02.7
21	Don Oswalt	57	M	38	10:19.73	1:43	42	1:21.41	22	31:22.09	23.0	102	1:09.59	29	21:00.54	6:47	1:05:13.3
22	Brian Giddens	43	M	63	11:07.11	1:51	22	1:05.68	24	31:26.82	22.9	46	0:46.09	27	20:54.06	6:45	1:05:19.7
23	Anthony Perez	36	M	85	12:02.59	2:00	85	1:45.06	12	30:09.10	23.9	114	1:16.10	12	20:08.66	6:30	1:05:21.5
24	Michael Barber	36	M	14	8:46.68	1:28	64	1:33.59	16	30:34.62	23.5	33	0:40.89	70	23:50.06	7:41	1:05:25.8
25	Matthew Kent	46	M	27	9:56.89	1:39	32	1:12.07	9	29:39.08	24.3	71	0:55.89	68	23:47.33	7:40	1:05:31.2
26	Burt Hodges	48	M	64	11:16.00	1:53	51	1:26.83	23	31:25.13	22.9	37	0:42.83	28	20:54.12	6:45	1:05:44.9
27	Costen Irons	41	M	34	10:12.26	1:42	111	2:02.01	58	34:17.31	21.0	153	1:40.15	4	17:51.54	5:46	1:06:03.2
28	Gabriel Kirk	23	M	9	8:31.96	1:25	70	1:38.02	45	33:38.95	21.4	86	1:01.15	37	21:31.73	6:57	1:06:21.8
29	Kayla Edwards	28	F	15	9:04.75	1:31	15	1:01.00	27	32:31.12	22.1	16	0:32.93	59	23:16.19	7:30	1:06:25.9
30	Jamie Collins	45	M	32	10:10.46	1:42	16	1:01.29	32	32:49.04	21.9	9	0:27.10	43	22:06.03	7:08	1:06:33.9
31	Aaron Harold	29	M	74	11:43.68	1:57	79	1:42.32	21	31:16.22	23.0	105	1:10.38	26	20:52.98	6:44	1:06:45.5
32	Alan Finley	42	M	72	11:40.39	1:57	46	1:24.42	17	30:43.63	23.4	62	0:52.04	46	22:24.52	7:14	1:07:05.0
33	Jeroen Verkerk	47	M	51	10:46.77	1:48	31	1:11.12	31	32:46.75	22.0	101	1:09.06	33	21:11.81	6:50	1:07:05.5

Charleston Sprint Triathlon Series #3

2021 CSTS3

Race Date

July 11, 2021

Place	Name	Age	Gnd	Swim		T1		Bike			T2		Run 5K			Total Time	
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
34	Eric Ruckel	56	M	40	10:22.08	1:44	14	1:00.76	40	33:17.88	21.6	38	0:44.21	41	21:42.09	7:00	1:07:07.0
35	Nick Wong	46	M	82	12:00.45	2:00	11	0:57.74	42	33:24.75	21.5	11	0:29.79	21	20:36.81	6:39	1:07:29.5
36	Alison Chapman	41	F	53	10:50.28	1:48	34	1:12.49	53	34:12.62	21.0	45	0:45.96	18	20:33.46	6:38	1:07:34.8
37	Ryan Murdock	32	M	35	10:12.27	1:42	55	1:28.64	38	33:04.07	21.8	75	0:56.71	44	22:08.43	7:09	1:07:50.1
38	Brad Wilhoit	43	M	62	11:05.98	1:51	33	1:12.37	62	34:27.60	20.9	21	0:33.64	19	20:35.79	6:39	1:07:55.3
39	Alexander Zon	14	M	22	9:33.21	1:36	2	0:47.93	30	32:42.43	22.0	36	0:42.16	80	24:33.74	7:55	1:08:19.4
40	Christopher Korey	46	M	65	11:16.41	1:53	50	1:26.52	60	34:25.39	20.9	15	0:32.51	25	20:52.41	6:44	1:08:33.2
41	Chuck Boyd	57	M	113	13:14.29	2:12	43	1:22.15	20	31:09.48	23.1	118	1:17.18	40	21:40.08	6:59	1:08:43.1
42	Michael Guare	35	M	42	10:28.82	1:45	69	1:37.82	35	32:51.73	21.9	42	0:45.13	58	23:12.84	7:29	1:08:56.3
43	Quintin Gay	19	M	23	9:33.68	1:36	10	0:56.18	55	34:13.85	21.0	77	0:58.66	63	23:35.87	7:37	1:09:18.2
44	Greg Rothman	25	M	47	10:40.34	1:47	75	1:40.90	59	34:22.59	20.9	156	1:41.14	30	21:02.51	6:47	1:09:27.4
45	Caleb Clark	20	M	31	10:07.61	1:41	21	1:05.36	69	35:09.30	20.5	1	0:21.55	49	22:44.66	7:20	1:09:28.4
46	Adriana Lopez Hernandez	34	F	21	9:27.73	1:35	37	1:15.53	93	36:28.01	19.7	57	0:51.12	39	21:39.68	6:59	1:09:42.0
47	James Adamites	46	M	77	11:50.37	1:58	27	1:08.92	43	33:35.13	21.4	39	0:44.45	47	22:32.15	7:16	1:09:51.0
48	Clayton Boyles	20	M	6	8:07.18	1:21	118	2:05.64	86	36:08.39	19.9	81	1:00.38	51	22:48.63	7:21	1:10:10.2
49	Catherine Hollister	51	F	104	12:54.72	2:09	25	1:07.38	65	34:44.56	20.7	51	0:48.86	22	20:41.46	6:40	1:10:16.9
50	Collin Hamlett	37	M	111	13:12.00	2:12	77	1:42.02	36	32:58.26	21.8	120	1:17.48	34	21:17.24	6:52	1:10:27.0
51	Richard Perez	32	M	129	13:54.78	2:19	67	1:37.40	44	33:35.49	21.4	56	0:50.16	23	20:42.20	6:41	1:10:40.0
52	Erin Rasmussen	23	F	66	11:19.03	1:53	53	1:28.46	102	37:12.17	19.4	19	0:33.14	16	20:18.82	6:33	1:10:51.6
53	David Northrup	39	M	28	9:56.94	1:39	61	1:31.71	64	34:36.44	20.8	83	1:00.63	81	24:35.17	7:56	1:11:40.8
54	Michael Long	52	M	59	11:03.26	1:51	56	1:28.89	50	33:55.16	21.2	117	1:16.96	71	23:59.25	7:44	1:11:43.5
55	Harry Gregorie	65	M	92	12:14.80	2:02	107	1:58.18	56	34:14.63	21.0	12	0:30.49	53	22:51.48	7:22	1:11:49.5
56	Cindi Eck	39	F	61	11:05.43	1:51	38	1:16.33	78	35:41.59	20.2	27	0:37.49	60	23:17.08	7:31	1:11:57.9
57	Kevin Green Sr	51	M	41	10:24.45	1:44	120	2:05.94	67	34:49.52	20.7	116	1:16.47	64	23:42.86	7:39	1:12:19.2
58	Clara Wienhold	25	F	54	10:51.67	1:49	40	1:19.04	79	35:50.76	20.1	17	0:32.94	67	23:45.94	7:40	1:12:20.3
59	Bob Foster	67	M	83	12:01.07	2:00	122	2:06.97	29	32:41.34	22.0	132	1:22.33	76	24:17.86	7:50	1:12:29.5
60	Ron Menchaca	48	M	101	12:51.43	2:09	86	1:45.37	85	36:05.00	20.0	142	1:30.49	15	20:18.48	6:33	1:12:30.7
61	Adam Clark	50	M	48	10:44.87	1:47	44	1:22.20	74	35:25.26	20.3	58	0:51.71	75	24:12.24	7:48	1:12:36.2
62	Amber Gourley	45	F	12	8:38.13	1:26	115	2:05.13	41	33:22.86	21.6	69	0:55.42	125	28:17.83	9:08	1:13:19.3
63	Thomas Schnibben	31	M	135	14:08.60	2:21	136	2:21.90	77	35:38.98	20.2	166	2:01.69	10	19:23.36	6:15	1:13:34.5
64	Bobby Hudson	24	M	87	12:05.17	2:01	28	1:09.38	81	35:55.93	20.0	158	1:43.78	50	22:46.93	7:21	1:13:41.1
65	Jason Tebben	45	M	114	13:14.69	2:12	127	2:11.43	49	33:53.01	21.2	138	1:26.73	55	23:00.79	7:25	1:13:46.6
66	Thomas Schaefer	32	M	70	11:34.24	1:56	135	2:21.58	47	33:52.30	21.3	131	1:21.99	84	24:49.38	8:00	1:13:59.4

Charleston Sprint Triathlon Series #3

2021 CSTS3

Race Date

July 11, 2021

Place	Name	Age	Gnd	Swim		T1		Bike			T2		Run 5K			Total Time	
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
67	Payton Muller	23	M	76	11:46.39	1:58	35	1:13.19	88	36:12.17	19.9	164	1:59.30	52	22:50.35	7:22	1:14:01.4
68	Marc Embler	63	M	160	16:11.56	2:42	84	1:44.81	51	33:56.06	21.2	106	1:11.56	32	21:05.15	6:48	1:14:09.1
69	Derek Grotewiel	39	M	126	13:47.25	2:18	90	1:48.96	48	33:52.57	21.3	85	1:01.02	69	23:47.70	7:41	1:14:17.5
70	Zack Sierputowski	26	M	75	11:45.75	1:58	130	2:12.69	82	35:56.02	20.0	6	0:26.64	73	24:04.75	7:46	1:14:25.8
71	Peter Tilton	23	M	93	12:15.44	2:03	121	2:06.22	54	34:13.77	21.0	133	1:22.55	79	24:29.46	7:54	1:14:27.4
72	Justin Law	48	M	78	11:55.91	1:59	157	2:42.22	46	33:43.97	21.3	135	1:23.90	86	24:50.73	8:01	1:14:36.7
73	Kristen Trask	39	F	73	11:41.12	1:57	47	1:24.91	72	35:22.15	20.4	139	1:27.05	87	24:55.51	8:02	1:14:50.7
74	Zane Sechrest	16	M	10	8:33.95	1:26	140	2:26.26	75	35:28.88	20.3	25	0:36.30	126	28:28.19	9:11	1:15:33.5
75	Kevin Tingley	48	M	71	11:40.19	1:57	83	1:44.10	52	34:07.58	21.1	31	0:40.36	118	27:38.20	8:55	1:15:50.4
76	Keith Arnold	56	M	94	12:24.00	2:04	99	1:53.88	34	32:51.21	21.9	93	1:05.47	117	27:37.56	8:55	1:15:52.1
77	Meagan Rindge	28	F	39	10:20.19	1:43	110	2:01.78	109	37:39.56	19.1	141	1:28.85	78	24:28.51	7:54	1:15:58.8
78	Tony Bartelme	58	M	89	12:08.08	2:01	81	1:43.42	63	34:34.93	20.8	90	1:02.41	105	26:30.96	8:33	1:15:59.8
79	Elizabeth Spitz	40	F	112	13:12.67	2:12	36	1:14.50	101	37:06.59	19.4	35	0:41.53	66	23:45.59	7:40	1:16:00.8
80	Brogan Brown	22	F	81	12:00.07	2:00	98	1:52.15	117	38:39.05	18.6	59	0:51.73	54	22:54.94	7:24	1:16:17.9
81	Timothy Nixon	53	M	56	10:56.74	1:49	48	1:25.27	57	34:15.97	21.0	109	1:13.70	127	28:36.11	9:14	1:16:27.7
82	Roberto Guadarrama	45	M	103	12:52.14	2:09	96	1:50.73	83	36:00.92	20.0	7	0:26.71	91	25:28.84	8:13	1:16:39.3
83	Meredith Nelson	53	F	96	12:24.94	2:04	62	1:31.94	110	37:45.78	19.1	123	1:19.32	65	23:43.31	7:39	1:16:45.2
84	William Matthews	36	M	68	11:25.25	1:54	68	1:37.57	84	36:02.87	20.0	74	0:56.06	108	26:46.85	8:38	1:16:48.6
85	Richard Lowell	37	M	25	9:51.44	1:39	97	1:51.24	96	36:37.66	19.7	89	1:02.34	115	27:30.40	8:52	1:16:53.0
86	Holly Harrod	29	F	143	14:48.43	2:28	138	2:23.60	71	35:17.97	20.4	129	1:21.69	57	23:03.43	7:26	1:16:55.1
87	Rodney Richard	29	M	99	12:42.02	2:07	54	1:28.50	66	34:47.88	20.7	159	1:43.85	103	26:15.51	8:28	1:16:57.7
88	Conan Felix	46	M	91	12:13.98	2:02	78	1:42.07	98	36:47.34	19.6	60	0:51.93	97	25:57.01	8:22	1:17:32.3
89	Patrick Brittingham	55	M	84	12:02.19	2:00	106	1:58.02	61	34:27.14	20.9	144	1:32.48	116	27:33.90	8:54	1:17:33.7
90	Rob Bennett	33	M	127	13:49.27	2:18	26	1:08.58	94	36:31.96	19.7	29	0:37.97	92	25:29.15	8:13	1:17:36.9
91	Shannon Williams	44	F	141	14:26.45	2:24	65	1:33.72	104	37:17.11	19.3	88	1:01.74	61	23:29.23	7:35	1:17:48.2
92	Janet Carter	43	F	121	13:31.21	2:15	41	1:19.43	95	36:37.23	19.7	47	0:47.19	95	25:43.42	8:18	1:17:58.4
93	Emma Dooley	32	F	80	11:58.42	2:00	72	1:39.43	130	39:29.44	18.2	52	0:49.03	72	24:03.49	7:46	1:17:59.8
94	Will Jamieson	27	M	105	12:56.02	2:09	57	1:29.37	89	36:14.43	19.9	121	1:18.38	99	26:04.11	8:25	1:18:02.3
95	Ava Gerschutz	15	F	17	9:15.12	1:33	59	1:30.45	162	43:33.34	16.5	43	0:45.27	56	23:02.27	7:26	1:18:06.4
96	Hugh Chambrovich	35	M	37	10:18.44	1:43	49	1:25.85	111	37:52.52	19.0	65	0:52.94	120	27:42.37	8:56	1:18:12.1
97	Michael Gorey	59	M	125	13:45.27	2:18	74	1:40.81	70	35:15.39	20.4	87	1:01.29	107	26:37.04	8:35	1:18:19.8
98	Brian Sloan	43	M	86	12:03.43	2:01	124	2:10.48	87	36:11.49	19.9	95	1:06.06	110	26:56.05	8:41	1:18:27.5
99	Brian Dewhirst	49	M	52	10:49.64	1:48	112	2:02.18	105	37:24.56	19.2	63	0:52.23	122	27:59.07	9:02	1:19:07.6

Charleston Sprint Triathlon Series #3

2021 CSTS3

Race Date

July 11, 2021

Place	Name	Age	Gnd	Swim		T1		Bike		T2		Run 5K		Total Time			
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk		Time	Pace	
100	Cedar Cunningham	19	M	57	10:59.86	1:50	95	1:50.69	146	41:46.44	17.2	44	0:45.88	74	24:05.21	7:46	1:19:28.0
101	Francis Thorpe Jr	56	M	50	10:45.42	1:48	71	1:38.58	103	37:14.32	19.3	104	1:10.29	132	29:04.42	9:23	1:19:53.0
102	Kenneth Lagos	14	M	8	8:28.59	1:25	18	1:02.39	80	35:53.88	20.1	147	1:36.73	158	33:02.75	10:40	1:20:04.3
103	Robert Kaiwi	36	M	158	16:09.69	2:42	80	1:42.41	68	34:56.06	20.6	112	1:15.26	101	26:06.01	8:25	1:20:09.4
104	Courtney Shelbourne	52	M	159	16:10.16	2:42	76	1:41.80	90	36:15.23	19.9	54	0:49.47	89	25:15.83	8:09	1:20:12.4
105	Christopher Ply	21	M	186	20:38.35	3:26	144	2:27.04	133	39:39.46	18.2	180	2:28.81	1	15:02.56	4:51	1:20:16.2
106	Jay Tackett	28	M	90	12:11.93	2:02	126	2:11.29	143	40:56.19	17.6	20	0:33.37	83	24:37.55	7:57	1:20:30.3
107	Lauren Lowell	34	F	115	13:16.12	2:13	105	1:56.91	136	39:49.08	18.1	32	0:40.82	90	25:19.85	8:10	1:21:02.7
108	Richard Becker	43	M	118	13:20.60	2:13	158	2:42.41	73	35:25.10	20.3	150	1:37.64	124	28:03.99	9:03	1:21:09.7
109	Kara Majewski	48	F	137	14:14.27	2:22	52	1:27.77	128	39:27.73	18.2	40	0:44.72	100	26:04.58	8:25	1:21:59.0
110	Kenneth Hanger	69	M	108	13:08.22	2:11	150	2:30.97	119	38:47.32	18.6	122	1:18.80	106	26:31.66	8:33	1:22:16.9
111	Trevor Crunelle	56	M	120	13:26.71	2:14	92	1:49.52	99	36:50.73	19.5	126	1:21.02	129	28:50.11	9:18	1:22:18.0
112	Cherry Kent	64	F	128	13:50.77	2:18	89	1:48.46	121	38:53.37	18.5	76	0:58.14	111	26:56.69	8:42	1:22:27.4
113	Allen Peterson	58	M	145	15:02.18	2:30	109	2:01.59	106	37:24.62	19.2	161	1:56.16	102	26:07.23	8:26	1:22:31.7
114	Laura Deaton	48	F	102	12:51.52	2:09	63	1:32.42	129	39:27.82	18.2	145	1:32.60	113	27:23.86	8:50	1:22:48.2
115	Bo Norris	41	M	144	15:00.26	2:30	154	2:39.13	97	36:45.13	19.6	115	1:16.30	112	27:18.13	8:48	1:22:58.9
116	Jane Champagne	56	F	106	12:57.76	2:10	128	2:11.57	28	32:39.96	22.0	103	1:09.83	163	34:03.60	10:59	1:23:02.7
117	Jack McCulley	70	M	79	11:57.56	2:00	147	2:29.53	91	36:18.90	19.8	163	1:58.24	143	30:28.35	9:50	1:23:12.5
118	Steve McCormack	62	M	98	12:32.19	2:05	141	2:26.59	115	38:32.38	18.7	173	2:13.51	114	27:30.18	8:52	1:23:14.8
119	Colin Skinner	38	M	169	16:51.03	2:49	88	1:47.72	100	36:57.14	19.5	127	1:21.24	104	26:19.49	8:30	1:23:16.6
120	Jim Nolan	25	M	139	14:23.02	2:24	165	3:02.30	137	39:49.81	18.1	110	1:14.58	85	24:50.44	8:01	1:23:20.1
121	Matt Whisonant	35	M	174	17:18.23	2:53	119	2:05.93	125	39:18.80	18.3	111	1:15.22	62	23:35.38	7:37	1:23:33.5
122	Anne McDaniel	33	F	136	14:08.74	2:21	73	1:40.20	141	40:31.17	17.8	113	1:15.91	98	25:57.99	8:23	1:23:34.0
123	Jenna Dolata	31	F	46	10:39.90	1:47	116	2:05.35	166	43:58.55	16.4	140	1:27.83	94	25:38.43	8:16	1:23:50.0
124	Chris Olson	41	M	138	14:14.87	2:22	162	2:55.19	124	39:14.97	18.3	170	2:07.51	93	25:32.56	8:14	1:24:05.1
125	Emile Charles	20	M	19	9:25.81	1:34	125	2:11.26	174	46:12.99	15.6	3	0:23.51	96	25:56.41	8:22	1:24:09.9
126	Renee Tedder	56	F	119	13:26.09	2:14	66	1:33.84	112	37:56.42	19.0	67	0:53.93	146	30:44.69	9:55	1:24:34.9
127	Savanna Becker	15	F	20	9:27.58	1:35	145	2:28.29	150	42:06.14	17.1	136	1:24.97	136	29:30.15	9:31	1:24:57.1
128	Robert Bach	39	M	123	13:40.62	2:17	123	2:07.41	127	39:24.27	18.3	84	1:00.91	128	28:47.43	9:17	1:25:00.6
129	Philip Heath Ward	39	M	97	12:27.25	2:05	117	2:05.56	135	39:47.47	18.1	152	1:40.06	134	29:22.60	9:29	1:25:22.9
130	Robert E Wright	65	M	142	14:44.45	2:27	156	2:42.22	92	36:27.30	19.8	82	1:00.41	145	30:44.30	9:55	1:25:38.6
131	Wanda Karia	67	F	100	12:49.32	2:08	60	1:31.65	126	39:20.43	18.3	80	1:00.24	148	31:00.97	10:00	1:25:42.6
132	Violet Kehoe	19	F	88	12:06.87	2:01	153	2:38.50	161	43:18.82	16.6	50	0:48.79	109	26:53.15	8:40	1:25:46.1

Charleston Sprint Triathlon Series #3

2021 CSTS3

Race Date

July 11, 2021

Place	Name	Age	Gnd	Swim		T1		Bike			T2		Run 5K			Total Time	
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
133	Ryan Thompson	45	M	146	15:02.49	2:30	137	2:22.21	160	43:18.10	16.6	70	0:55.79	88	25:13.95	8:08	1:26:52.5
134	Suzanne Ruda	42	F	117	13:20.37	2:13	101	1:54.25	114	38:30.81	18.7	160	1:44.73	152	31:40.54	10:13	1:27:10.7
135	Cara Boucher	33	F	95	12:24.78	2:04	113	2:04.04	159	43:11.60	16.7	146	1:36.08	123	27:59.57	9:02	1:27:16.0
136	Erik Brower	29	M	170	16:57.05	2:50	103	1:55.26	158	43:05.63	16.7	64	0:52.33	82	24:37.09	7:56	1:27:27.3
137	Caleb Hudson	23	M	45	10:37.33	1:46	160	2:49.68	156	42:50.29	16.8	92	1:04.62	144	30:31.77	9:51	1:27:53.6
138	Alexander Arntz	40	M	165	16:42.96	2:47	149	2:30.66	107	37:36.32	19.1	137	1:25.20	140	30:09.44	9:44	1:28:24.5
139	Eden Buntin	34	F	122	13:36.57	2:16	91	1:49.03	132	39:35.22	18.2	98	1:06.95	156	32:18.31	10:25	1:28:26.0
140	Larry Bowman	31	M	175	17:21.81	2:54	134	2:21.51	76	35:36.47	20.2	167	2:02.30	150	31:32.38	10:10	1:28:54.4
141	Michelle Jenkins	40	F	147	15:03.58	2:31	180	4:20.90	131	39:31.13	18.2	177	2:21.71	121	27:52.17	8:59	1:29:09.4
142	Erika Houmann	27	F	69	11:32.08	1:55	87	1:45.74	169	44:43.32	16.1	148	1:37.33	137	29:35.77	9:33	1:29:14.2
143	Candace Camp	51	F	109	13:09.13	2:12	102	1:54.79	163	43:35.63	16.5	125	1:20.86	139	30:08.57	9:43	1:30:08.9
144	Chris Swift	46	M	178	18:15.35	3:03	104	1:55.43	108	37:38.70	19.1	172	2:12.18	141	30:10.19	9:44	1:30:11.8
145	Jim Zimmer	37	M	155	15:51.41	2:39	148	2:30.23	138	39:58.05	18.0	61	0:52.03	149	31:19.62	10:06	1:30:31.3
146	Kathy Phlegar	57	F	134	14:08.48	2:21	82	1:43.42	123	39:02.60	18.4	124	1:19.35	165	34:23.98	11:06	1:30:37.8
147	Sue Brunson	60	F	149	15:04.82	2:31	94	1:50.31	120	38:48.98	18.5	79	0:59.80	164	34:07.63	11:01	1:30:51.5
148	Daniel Lench	30	M	148	15:04.02	2:31	152	2:37.16	154	42:44.46	16.8	99	1:08.50	142	30:23.83	9:48	1:31:57.9
149	Janet Dooley	61	F	132	14:02.45	2:20	100	1:53.99	148	42:01.35	17.1	157	1:43.10	157	32:18.60	10:25	1:31:59.4
150	Samuel Miller	24	M	185	20:05.64	3:21	161	2:50.34	165	43:57.59	16.4	72	0:55.91	77	24:21.01	7:51	1:32:10.4
151	Edith Lamana	56	F	176	17:30.81	2:55	151	2:35.46	140	40:23.63	17.8	134	1:23.51	147	30:58.07	9:59	1:32:51.4
152	Ray Caulder	63	M	152	15:32.66	2:35	175	3:20.69	113	38:06.38	18.9	97	1:06.38	166	35:00.46	11:18	1:33:06.5
153	Roger Grant	28	M	184	19:51.05	3:19	178	3:45.32	118	38:41.88	18.6	162	1:58.02	130	28:56.65	9:20	1:33:12.9
154	Doug Gurley	70	M	172	17:07.75	2:51	159	2:43.08	134	39:46.72	18.1	165	1:59.98	151	31:39.83	10:13	1:33:17.3
155	Caroline Raburn	35	F	163	16:31.62	2:45	93	1:49.69	170	44:55.37	16.0	96	1:06.26	135	29:25.94	9:30	1:33:48.8
156	Chela Tu	36	F	166	16:43.03	2:47	129	2:11.58	155	42:48.20	16.8	41	0:44.72	154	32:09.96	10:23	1:34:37.4
157	Mark Williams	43	M	162	16:19.20	2:43	170	3:14.56	171	45:09.10	15.9	143	1:31.42	133	29:11.09	9:25	1:35:25.3
158	Rachel Drake	24	F	183	19:40.76	3:17	174	3:19.08	116	38:36.94	18.6	73	0:55.95	162	33:48.76	10:54	1:36:21.4
159	Michele Reese	48	F	110	13:11.39	2:12	114	2:04.78	157	42:56.49	16.8	49	0:48.65	171	37:20.86	12:03	1:36:22.1
160	Viki Hill	65	F	107	13:07.95	2:11	146	2:29.46	176	46:36.86	15.4	100	1:08.74	160	33:40.98	10:52	1:37:03.9
161	Chrissy Hager	22	F	167	16:45.43	2:48	166	3:04.42	180	48:46.85	14.8	130	1:21.85	119	27:38.79	8:55	1:37:37.3
162	Amber Agee	31	F	177	17:49.95	2:58	155	2:42.03	167	44:01.93	16.4	119	1:17.26	153	31:46.97	10:15	1:37:38.1
163	John Rhodes	55	M	124	13:42.14	2:17	132	2:16.04	147	41:59.37	17.1	184	2:55.52	170	36:51.13	11:53	1:37:44.2
164	Brandon Sykes	28	M	131	14:01.16	2:20	172	3:16.12	182	48:57.59	14.7	78	0:59.42	155	32:10.27	10:23	1:39:24.5
165	Oliver Gill	28	M	55	10:53.46	1:49	139	2:25.12	142	40:34.95	17.7	168	2:03.00	179	43:28.23	14:01	1:39:24.7

Charleston Sprint Triathlon Series #3

2021 CSTS3

Race Date

July 11, 2021

Place	Name	Age	Gnd	Swim		T1		Bike			T2		Run 5K			Total Time	
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
166	Elizabeth Holt	28	F	140	14:23.38	2:24	143	2:26.98	153	42:34.50	16.9	107	1:13.13	174	38:55.76	12:33	1:39:33.7
167	Jessie Halajcsik	28	F	157	15:58.24	2:40	179	3:47.43	179	48:41.95	14.8	179	2:24.58	131	28:57.71	9:21	1:39:49.9
168	Angie Giddens	41	F	180	18:34.58	3:06	173	3:19.06	145	41:33.13	17.3	149	1:37.38	168	36:10.39	11:40	1:41:14.5
169	Kasey Norval	28	F	130	13:55.43	2:19	184	5:24.41	186	51:08.17	14.1	169	2:05.07	138	29:38.52	9:34	1:42:11.6
170	Thomas Turner	15	M	67	11:23.27	1:54	131	2:14.42	175	46:26.70	15.5	183	2:54.05	175	39:30.25	12:45	1:42:28.6
171	David Townsend	46	M	153	15:41.85	2:37	164	3:00.96	152	42:34.18	16.9	182	2:37.61	173	38:41.33	12:29	1:42:35.9
172	Christen Hall	62	F	173	17:17.19	2:53	133	2:18.68	149	42:01.47	17.1	91	1:03.93	176	40:05.47	12:56	1:42:46.7
173	Amber Kuczynski	23	F	161	16:16.98	2:43	168	3:08.72	183	49:01.83	14.7	108	1:13.23	161	33:47.89	10:54	1:43:28.6
174	Katie Hager	24	F	150	15:07.47	2:31	183	4:42.50	181	48:46.93	14.8	128	1:21.26	159	33:38.24	10:51	1:43:36.4
175	Teri Halajcsik	55	F	181	19:22.53	3:14	171	3:15.77	172	45:29.79	15.8	151	1:39.53	167	35:50.48	11:34	1:45:38.1
176	Justin Ballinger	37	M	156	15:56.51	2:39	177	3:39.32	164	43:54.58	16.4	175	2:14.53	177	40:25.19	13:02	1:46:10.1
177	Shannon Neal	48	M	116	13:17.37	2:13	185	5:47.27	122	39:02.08	18.4	187	4:51.95	181	43:56.99	14:11	1:46:55.6
178	Marcia Ziemba	49	F	164	16:32.61	2:45	142	2:26.79	139	40:00.62	18.0	178	2:24.44	184	46:01.82	14:51	1:47:26.2
179	Sean Turner	51	M	179	18:19.08	3:03	181	4:27.63	177	47:41.39	15.1	176	2:21.15	169	36:29.87	11:46	1:49:19.1
180	Benjamin Moreland	46	M	187	22:35.44	3:46	163	3:00.39	144	40:58.54	17.6	181	2:29.73	180	43:53.86	14:10	1:52:57.9
181	Jim Driskell	62	M	151	15:31.71	2:35	186	6:25.18	173	45:36.46	15.8	185	3:35.92	178	41:59.78	13:33	1:53:09.0
182	Angela Real	49	F	182	19:39.17	3:17	182	4:40.02	151	42:07.89	17.1	186	4:25.17	182	44:02.85	14:13	1:54:55.1
183	Sarah Cates	32	F	168	16:51.02	2:49	187	6:55.73	185	50:23.80	14.3	174	2:14.32	172	38:40.57	12:29	1:55:05.4
184	Chris Santos	39	M	154	15:49.60	2:38	176	3:35.87	187	54:56.77	13.1	155	1:40.60	183	44:15.62	14:17	2:00:18.4
185	Richard Mertz	72	M	133	14:04.62	2:21	169	3:13.36	178	48:30.80	14.8	171	2:11.63	185	52:31.94	16:57	2:00:32.3
186	Anthony Gill	77	M	171	16:58.01	2:50	167	3:04.65	184	49:12.05	14.6	154	1:40.31	186	52:56.94	17:05	2:03:51.9
DQ	David Dingfelder	20	M	11	8:36.26	1:26	108	2:00.95	168	44:08.52	16.3	10	0:27.37	DQ	14:53.67	4:48	1:10:06.7