

# Charleston Sprint Triathlon Series #4

## 2021 CSTS4

Race Date

July 25, 2021

Place	Name	Age	Gnd	Swim		T1		Bike			T2		Run 5K			Total Time	
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
1	Emmanuel Ruelis	38	M	1	7:23.27	1:14	7	1:01.05	2	28:09.53	25.6	4	0:26.62	5	18:36.59	6:00	55:37.06
2	William Riley	28	M	4	8:16.65	1:23	13	1:06.16	3	28:34.20	25.2	15	0:32.35	3	18:10.02	5:52	56:39.38
3	Jason McCormack	32	M	2	8:00.82	1:20	1	0:46.65	1	27:44.66	26.0	46	0:43.95	10	19:39.66	6:21	56:55.74
4	Chris Bailey	31	M	15	9:04.70	1:31	14	1:06.65	10	30:51.44	23.3	75	0:52.48	2	17:20.07	5:36	59:15.34
5	John Duberley	33	M	51	10:55.61	1:49	15	1:07.72	12	31:08.70	23.1	50	0:45.33	1	17:18.43	5:35	1:01:15.7
6	Dan Jones	37	M	66	11:24.63	1:54	11	1:02.67	8	30:17.96	23.8	6	0:28.46	8	19:31.09	6:18	1:02:44.8
7	Drew Regan	46	M	22	9:33.41	1:36	16	1:08.06	5	30:00.60	24.0	91	0:59.38	32	21:23.36	6:54	1:03:04.8
8	Robert Hickey	28	M	20	9:28.74	1:35	32	1:18.96	20	32:27.94	22.2	12	0:29.91	9	19:31.29	6:18	1:03:16.8
9	Matthew Kent	46	M	23	9:33.72	1:36	21	1:10.71	7	30:13.54	23.8	34	0:39.93	40	21:42.36	7:00	1:03:20.2
10	Gage Hicks	31	M	47	10:46.02	1:48	6	0:58.03	33	33:13.55	21.7	39	0:41.70	4	18:20.29	5:55	1:03:59.5
11	Adam Pomerantz	41	M	17	9:18.39	1:33	5	0:57.35	18	32:07.21	22.4	3	0:26.56	33	21:23.89	6:54	1:04:13.4
12	Kat Wilcox	32	F	34	10:21.90	1:44	12	1:04.68	13	31:20.33	23.0	2	0:25.28	29	21:13.39	6:51	1:04:25.5
13	Connor Roudabush	26	M	27	10:02.64	1:40	9	1:01.70	21	32:28.47	22.2	23	0:35.90	20	20:34.67	6:38	1:04:43.3
14	Jamie Collins	45	M	24	9:44.25	1:37	10	1:02.30	22	32:32.48	22.1	8	0:28.82	27	21:04.24	6:48	1:04:52.0
15	Aaron Harold	29	M	53	11:00.51	1:50	76	1:45.49	11	30:53.84	23.3	99	1:02.48	19	20:30.98	6:37	1:05:13.3
16	Gabriel Kirk	23	M	5	8:22.93	1:24	28	1:15.48	41	33:48.87	21.3	84	0:55.61	24	20:51.19	6:44	1:05:14.0
17	Anthony Perez	36	M	101	12:37.66	2:06	64	1:39.82	6	30:11.42	23.8	76	0:53.10	13	19:52.28	6:25	1:05:14.2
18	William Robinson	35	M	54	11:01.16	1:50	31	1:16.70	9	30:40.86	23.5	38	0:40.58	37	21:35.57	6:58	1:05:14.8
19	Heidi Hatteberg	30	F	3	8:02.61	1:20	22	1:10.76	45	34:04.75	21.1	13	0:31.60	39	21:41.05	7:00	1:05:30.7
20	Brian Giddens	43	M	50	10:55.13	1:49	26	1:12.12	17	32:03.38	22.5	51	0:45.53	23	20:51.16	6:44	1:05:47.3
21	Eric Ruckel	56	M	19	9:28.00	1:35	27	1:14.16	25	32:44.55	22.0	61	0:49.04	38	21:36.65	6:58	1:05:52.4
22	Heidi Gross	33	F	7	8:35.78	1:26	46	1:29.02	65	35:27.16	20.3	86	0:55.74	12	19:51.09	6:24	1:06:18.7
23	Kayla Edwards	28	F	10	8:56.30	1:29	18	1:10.37	16	32:00.58	22.5	29	0:38.39	73	23:55.65	7:43	1:06:41.2
24	Alison Chapman	41	F	39	10:33.58	1:46	25	1:11.86	44	34:04.63	21.1	42	0:42.79	17	20:22.98	6:35	1:06:55.8
25	Christopher Korey	46	M	58	11:08.56	1:51	36	1:22.62	48	34:12.35	21.0	11	0:29.77	14	19:54.62	6:25	1:07:07.9
26	Adriana Lopez Hernandez	34	F	16	9:12.15	1:32	35	1:21.24	55	34:36.93	20.8	43	0:42.97	30	21:16.35	6:52	1:07:09.6
27	Nick Wong	46	M	88	12:14.55	2:02	8	1:01.55	30	32:51.35	21.9	16	0:32.39	21	20:43.79	6:41	1:07:23.6
28	Matthew Fansler	39	M	12	9:01.22	1:30	23	1:10.89	38	33:38.23	21.4	56	0:47.03	53	22:50.02	7:22	1:07:27.3
29	Michael Guare	35	M	35	10:22.02	1:44	55	1:34.48	23	32:43.25	22.0	41	0:42.62	48	22:24.11	7:14	1:07:46.4
30	Brad Wilhoit	43	M	57	11:06.49	1:51	37	1:23.12	51	34:23.52	20.9	22	0:35.39	16	20:21.64	6:34	1:07:50.1
31	Ryan Murdock	32	M	29	10:06.13	1:41	63	1:39.68	32	33:11.51	21.7	117	1:09.34	47	22:20.39	7:12	1:08:27.0
32	Erin Rasmussen	23	F	41	10:37.34	1:46	44	1:27.01	73	35:59.87	20.0	31	0:39.27	11	19:50.69	6:24	1:08:34.1
33	Gerald Kolb	51	M	49	10:51.34	1:49	45	1:27.25	29	32:49.96	21.9	78	0:53.58	52	22:43.85	7:20	1:08:45.9

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				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
34	Sara Kraft	49	F	11	9:00.69	1:30	43	1:26.81	27	32:44.68	22.0	59	0:48.49	86	24:48.14	8:00	1:08:48.8
35	Michael Long	52	M	37	10:26.63	1:44	52	1:32.00	31	33:08.85	21.7	63	0:49.47	54	22:52.44	7:23	1:08:49.3
36	Will Jamieson	27	M	67	11:25.00	1:54	53	1:34.28	19	32:10.44	22.4	92	0:59.90	61	23:11.46	7:29	1:09:21.0
37	Catherine Hollister	51	F	115	12:58.94	2:10	20	1:10.56	54	34:36.10	20.8	30	0:39.18	15	20:14.34	6:32	1:09:39.1
38	Caleb Clark	20	M	26	10:02.03	1:40	33	1:19.73	70	35:48.43	20.1	1	0:19.66	43	22:13.17	7:10	1:09:43.0
39	Kevin Picard	22	M	100	12:37.56	2:06	151	2:35.27	4	29:38.00	24.3	142	1:23.74	67	23:35.75	7:37	1:09:50.3
40	Clara Wienhold	25	F	31	10:10.13	1:42	17	1:10.23	63	35:19.84	20.4	20	0:33.47	51	22:39.22	7:18	1:09:52.8
41	Dillon McDonald	28	M	46	10:42.53	1:47	34	1:20.13	46	34:06.20	21.1	64	0:49.48	60	23:08.89	7:28	1:10:07.2
42	Cindi Eck	39	F	42	10:38.17	1:46	24	1:11.00	56	34:42.80	20.7	28	0:37.87	57	22:59.56	7:25	1:10:09.4
43	Randy Sparks	46	M	80	11:54.59	1:59	83	1:49.96	15	31:52.68	22.6	95	1:01.31	75	24:06.85	7:47	1:10:45.3
44	David Vanauker	26	M	94	12:25.81	2:04	4	0:57.26	50	34:20.06	21.0	83	0:55.54	44	22:16.10	7:11	1:10:54.7
45	Adam Clark	50	M	45	10:41.72	1:47	48	1:29.78	47	34:07.14	21.1	74	0:52.38	69	23:45.98	7:40	1:10:57.0
46	Molly Williams	24	F	73	11:37.41	1:56	118	2:11.60	81	36:38.13	19.7	118	1:09.53	7	19:26.41	6:16	1:11:03.0
47	Richard Perez	32	M	139	13:47.84	2:18	54	1:34.34	49	34:14.45	21.0	88	0:56.13	25	20:54.01	6:45	1:11:26.7
48	Chadwick Daniel	46	M	129	13:25.99	2:14	82	1:49.24	36	33:24.02	21.6	55	0:46.44	45	22:16.95	7:11	1:11:42.6
49	Kevin Green	51	M	33	10:21.05	1:44	142	2:26.52	40	33:45.85	21.3	97	1:02.21	77	24:11.16	7:48	1:11:46.7
50	Ron Menchaca	48	M	112	12:53.43	2:09	39	1:24.11	72	35:55.89	20.0	137	1:18.82	18	20:23.16	6:35	1:11:55.4
51	Amber Gourley	45	F	6	8:27.44	1:25	104	2:01.21	26	32:44.59	22.0	73	0:51.73	128	27:58.02	9:01	1:12:02.9
52	Bryant Kohut	58	M	127	13:23.67	2:14	49	1:30.53	28	32:48.59	21.9	107	1:05.70	63	23:16.27	7:30	1:12:04.7
53	Harry Gregorie	65	M	61	11:12.90	1:52	135	2:23.61	61	35:16.68	20.4	5	0:27.53	56	22:56.58	7:24	1:12:17.3
54	Christopher Savage	36	M	40	10:36.43	1:46	80	1:49.04	58	35:04.48	20.5	89	0:58.91	74	23:58.28	7:44	1:12:27.1
55	Marc Embler	63	M	166	15:24.34	2:34	57	1:35.09	37	33:35.05	21.4	100	1:03.51	28	21:05.01	6:48	1:12:43.0
56	Kristen Trask	39	F	71	11:30.96	1:55	51	1:31.63	64	35:25.18	20.3	122	1:10.61	64	23:17.75	7:31	1:12:56.1
57	Caroline Sinkler	55	F	60	11:11.82	1:52	42	1:26.38	35	33:23.80	21.6	44	0:43.18	114	26:30.34	8:33	1:13:15.5
58	Tracy McKee	48	F	43	10:39.87	1:47	47	1:29.63	90	36:55.65	19.5	71	0:50.93	66	23:35.70	7:37	1:13:31.7
59	Hugh Chambrovich	35	M	25	9:59.41	1:40	40	1:24.92	78	36:14.85	19.9	77	0:53.56	90	25:04.25	8:05	1:13:36.9
60	Alison Westberry	23	F	28	10:04.97	1:41	50	1:30.80	80	36:24.78	19.8	40	0:42.34	92	25:07.08	8:06	1:13:49.9
61	Bernhard Heulmanns	52	M	163	15:09.02	2:32	171	2:56.45	42	34:01.86	21.2	25	0:36.65	31	21:17.57	6:52	1:14:01.5
62	Christopher Wilhoit	43	M	84	12:03.51	2:01	56	1:34.83	107	38:07.81	18.9	134	1:17.63	35	21:28.82	6:56	1:14:32.6
63	Reece Bluestein	15	M	64	11:17.63	1:53	169	2:53.47	123	39:18.72	18.3	188	2:31.11	6	18:58.05	6:07	1:14:58.9
64	Stephanie Rhodes	30	F	38	10:32.42	1:45	29	1:15.95	77	36:14.07	19.9	52	0:45.62	109	26:12.26	8:27	1:15:00.3
65	Corey Dickerson	35	M	142	13:51.74	2:19	91	1:55.91	92	36:56.61	19.5	90	0:59.08	36	21:30.16	6:56	1:15:13.5
66	Charles Hall	39	M	136	13:43.63	2:17	75	1:44.86	14	31:48.63	22.6	168	1:41.47	116	26:35.59	8:35	1:15:34.1

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				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
67	Zach Lanning	23	M	97	12:29.92	2:05	134	2:23.51	84	36:39.96	19.6	19	0:33.38	65	23:27.66	7:34	1:15:34.4
68	Isak Thilen	18	M	83	12:03.38	2:01	102	2:01.09	87	36:47.89	19.6	66	0:49.73	72	23:52.40	7:42	1:15:34.4
69	Bruce Day	61	M	65	11:24.32	1:54	72	1:44.18	96	37:20.88	19.3	101	1:03.81	76	24:09.92	7:48	1:15:43.1
70	Brian Sloan	43	M	91	12:19.02	2:03	100	2:00.62	69	35:47.27	20.1	98	1:02.35	85	24:47.22	8:00	1:15:56.4
71	Janet Carter	43	F	104	12:45.24	2:08	41	1:25.15	74	36:01.34	20.0	48	0:44.23	88	25:03.06	8:05	1:15:59.0
72	Samantha Duncan	19	F	72	11:31.18	1:55	3	0:57.15	104	37:53.21	19.0	7	0:28.79	94	25:15.80	8:09	1:16:06.1
73	Bill Hunt	57	M	70	11:27.21	1:55	110	2:04.38	39	33:45.76	21.3	67	0:50.03	129	28:00.19	9:02	1:16:07.5
74	Elizabeth Spitz	40	F	120	13:14.62	2:12	38	1:23.50	103	37:49.55	19.0	33	0:39.47	59	23:04.77	7:27	1:16:11.9
75	Patrick Brittingham	55	M	86	12:07.02	2:01	111	2:05.33	60	35:16.33	20.4	110	1:07.23	100	25:45.00	8:18	1:16:20.9
76	Meredith Nelson	53	F	102	12:40.60	2:07	70	1:42.80	105	38:03.73	18.9	119	1:09.80	58	23:04.21	7:27	1:16:41.1
77	Kevin Tingley	48	M	69	11:27.09	1:55	61	1:38.60	34	33:20.00	21.6	81	0:55.17	152	29:35.02	9:33	1:16:55.8
78	Kenneth Lagos	14	M	9	8:48.95	1:28	19	1:10.39	79	36:21.71	19.8	147	1:28.01	147	29:11.71	9:25	1:17:00.7
79	Walty Feisal	25	M	144	13:53.28	2:19	97	1:59.18	53	34:31.33	20.9	126	1:12.64	99	25:41.05	8:17	1:17:17.4
80	Jean Toth	68	F	62	11:13.22	1:52	128	2:19.19	75	36:10.55	19.9	170	1:43.92	103	25:55.80	8:22	1:17:22.6
81	Jessica Lozier	35	F	77	11:48.33	1:58	144	2:28.56	143	40:14.73	17.9	54	0:46.08	46	22:18.35	7:12	1:17:36.0
82	Timothy Nixon	53	M	56	11:01.55	1:50	67	1:41.89	43	34:02.02	21.2	156	1:33.19	149	29:18.82	9:27	1:17:37.4
83	Grace Kolb	17	F	14	9:03.06	1:31	30	1:15.98	147	40:43.30	17.7	32	0:39.39	104	25:57.37	8:22	1:17:39.1
84	Ava Gerschutz	15	F	13	9:02.79	1:30	68	1:42.51	170	43:49.58	16.4	58	0:48.32	49	22:24.87	7:14	1:17:48.0
85	Joey Radin	30	M	118	13:08.64	2:11	125	2:17.84	149	40:50.08	17.6	45	0:43.82	26	20:56.54	6:45	1:17:56.9
86	Michael Mansson	39	M	116	12:59.97	2:10	168	2:52.51	68	35:47.08	20.1	179	1:59.02	83	24:31.25	7:55	1:18:09.8
87	Amanda Wagner	36	F	79	11:54.21	1:59	94	1:57.57	52	34:24.09	20.9	155	1:32.90	134	28:25.49	9:10	1:18:14.2
88	Sam Deaton	13	M	18	9:23.22	1:34	60	1:38.30	159	41:36.25	17.3	166	1:40.02	79	24:20.62	7:51	1:18:38.4
89	Bill Coppel	65	M	76	11:45.64	1:58	167	2:51.03	57	34:49.12	20.7	146	1:26.68	127	27:51.21	8:59	1:18:43.6
90	Conan Felix	46	M	96	12:29.46	2:05	126	2:18.50	91	36:55.75	19.5	128	1:13.58	102	25:50.33	8:20	1:18:47.6
91	Justin Carter	40	M	147	13:55.82	2:19	140	2:25.82	93	36:57.88	19.5	109	1:06.57	81	24:28.85	7:54	1:18:54.9
92	Dylan Applegate	28	M	87	12:09.73	2:02	93	1:56.64	86	36:44.65	19.6	145	1:25.32	117	26:38.68	8:36	1:18:55.0
93	Kevin Lagos	15	M	21	9:29.97	1:35	65	1:40.82	97	37:35.44	19.2	123	1:11.50	141	28:59.18	9:21	1:18:56.9
94	Julie Bernstorf	28	F	30	10:07.38	1:41	71	1:43.21	118	39:00.25	18.5	62	0:49.18	122	27:21.71	8:50	1:19:01.7
95	Anna Krueger	29	F	107	12:49.95	2:08	172	2:57.42	156	41:13.00	17.5	24	0:36.54	34	21:25.62	6:55	1:19:02.5
96	Jane Champagne	56	F	93	12:24.15	2:04	73	1:44.54	24	32:44.26	22.0	149	1:29.20	161	30:43.42	9:55	1:19:05.5
97	Neil McDevitt	49	M	63	11:13.58	1:52	114	2:05.96	71	35:50.43	20.1	102	1:03.85	140	28:52.79	9:19	1:19:06.6
98	Sade Smith	19	F	44	10:40.22	1:47	2	0:56.10	146	40:30.59	17.8	10	0:29.77	115	26:30.88	8:33	1:19:07.5
99	David Stafford	64	M	172	16:02.87	2:40	101	2:01.08	62	35:17.57	20.4	79	0:53.91	91	25:07.05	8:06	1:19:22.4

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100	Skylar Jones	28	F	48	10:47.49	1:48	58	1:36.57	112	38:28.08	18.7	60	0:48.87	126	27:45.88	8:57	1:19:26.8
101	Megan Shea	26	F	152	14:06.54	2:21	92	1:56.50	154	41:01.21	17.6	47	0:44.03	41	21:44.38	7:01	1:19:32.6
102	Breck Laschanzky	57	M	78	11:52.55	1:59	109	2:04.27	148	40:49.34	17.6	14	0:31.97	80	24:25.40	7:53	1:19:43.5
103	Brian Dewhirst	49	M	36	10:26.17	1:44	130	2:20.15	114	38:29.91	18.7	80	0:53.93	130	28:02.07	9:03	1:20:12.2
104	Grace Coppel	14	F	8	8:38.03	1:26	84	1:50.60	163	42:29.05	16.9	21	0:33.88	119	26:53.20	8:40	1:20:24.7
105	Trapier Marshall	26	M	122	13:16.52	2:13	136	2:23.76	142	40:14.45	17.9	37	0:40.43	71	23:52.11	7:42	1:20:27.2
106	Ryan Cook	40	M	113	12:54.20	2:09	79	1:46.05	128	39:30.99	18.2	116	1:09.13	98	25:27.32	8:13	1:20:47.6
107	Cherry Kent	64	F	137	13:47.15	2:18	77	1:45.51	108	38:07.98	18.9	93	1:00.15	107	26:07.68	8:26	1:20:48.4
108	Steve McCormack	62	M	89	12:14.61	2:02	120	2:13.48	98	37:35.93	19.1	180	1:59.58	118	26:51.30	8:40	1:20:54.9
109	Kaylee Potts	17	F	99	12:35.45	2:06	116	2:06.61	165	42:54.06	16.8	65	0:49.53	50	22:32.75	7:16	1:20:58.4
110	James Liu	19	M	167	15:31.85	2:35	81	1:49.18	155	41:10.83	17.5	26	0:36.80	42	21:54.71	7:04	1:21:03.3
111	Kathleen Beebe	51	F	169	15:46.89	2:38	146	2:30.49	89	36:52.78	19.5	104	1:05.00	87	24:52.54	8:01	1:21:07.7
112	William Ezquerro	19	M	149	13:59.40	2:20	59	1:37.69	133	39:43.08	18.1	27	0:37.26	93	25:12.57	8:08	1:21:10.0
113	Spencer Willis	26	M	134	13:36.50	2:16	105	2:01.48	119	39:02.84	18.4	113	1:07.92	95	25:22.06	8:11	1:21:10.8
114	William Walsh	55	M	165	15:21.97	2:34	87	1:53.12	82	36:39.06	19.6	125	1:11.83	108	26:09.68	8:26	1:21:15.6
115	Robert Kaiwi	36	M	176	16:24.87	2:44	86	1:51.54	67	35:44.29	20.1	105	1:05.15	110	26:12.92	8:27	1:21:18.7
116	Hanna Sheffrin	26	F	32	10:16.39	1:43	66	1:41.79	139	40:07.87	17.9	69	0:50.90	133	28:22.00	9:09	1:21:18.9
117	Benjamin Spurrier	30	M	85	12:05.21	2:01	153	2:38.08	101	37:39.99	19.1	148	1:28.16	123	27:36.02	8:54	1:21:27.4
118	Sarah Bauer	33	F	145	13:53.67	2:19	96	1:58.49	140	40:08.51	17.9	115	1:08.68	84	24:36.24	7:56	1:21:45.5
119	Anne Ussery	22	F											196	1:21:55.0	26:25	1:21:55.0
120	Tj Scott	44	M	130	13:27.44	2:15	176	3:07.50	122	39:12.54	18.4	162	1:39.31	82	24:30.22	7:54	1:21:57.0
121	Cynthia Wahl	55	F	110	12:52.01	2:09	99	2:00.20	95	37:20.48	19.3	82	0:55.23	145	29:08.54	9:24	1:22:16.4
122	Jannette Finch	59	F	143	13:52.07	2:19	90	1:54.60	83	36:39.06	19.6	112	1:07.61	139	28:48.66	9:18	1:22:22.0
123	Jorge Mendez	28	M	161	14:48.52	2:28	106	2:02.34	132	39:42.68	18.1	114	1:08.51	89	25:03.88	8:05	1:22:45.9
124	Michael Kruse	43	M	119	13:11.70	2:12	173	2:57.50	94	37:16.54	19.3	171	1:44.08	124	27:37.01	8:55	1:22:46.8
125	Sue Brunson	60	F	153	14:06.88	2:21	95	1:57.88	76	36:10.83	19.9	87	0:56.01	153	29:38.31	9:34	1:22:49.9
126	Clay Calhoun	18	M	95	12:28.36	2:05	164	2:50.63	141	40:11.72	17.9	144	1:24.70	106	26:07.20	8:26	1:23:02.6
127	Tanja Butz	44	F	157	14:25.81	2:24	141	2:26.32	116	38:40.70	18.6	152	1:31.31	105	26:07.18	8:26	1:23:11.3
128	Dustin Eck	38	M	154	14:13.04	2:22	160	2:49.18	88	36:49.55	19.6	131	1:15.93	135	28:27.50	9:11	1:23:35.2
129	Julia Pauls	46	F	117	13:05.43	2:11	154	2:38.41	153	40:58.95	17.6	36	0:40.32	111	26:13.62	8:28	1:23:36.7
130	Chris Stormer	60	M	105	12:46.08	2:08	78	1:45.94	111	38:27.76	18.7	163	1:39.56	142	29:01.63	9:22	1:23:40.9
131	Ben Rice	26	M	114	12:57.89	2:10	189	4:08.26	137	39:51.52	18.1	176	1:52.10	96	25:23.41	8:11	1:24:13.1
132	Suzanne Ruda	42	F	106	12:49.02	2:08	89	1:54.30	99	37:36.08	19.1	165	1:40.02	158	30:15.02	9:45	1:24:14.4

# Charleston Sprint Triathlon Series #4

## 2021 CSTS4

Race Date

July 25, 2021

Place	Name	Age	Gnd	Swim		T1		Bike			T2		Run 5K			Total Time	
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk	Time	Pace		Rnk
133	Oliver Gill	28	M	52	10:58.52	1:50	69	1:42.73	85	36:40.57	19.6	186	2:24.52	173	32:39.52	10:32	1:24:25.8
134	Michelle Jenkins	40	F	140	13:50.01	2:18	122	2:15.81	135	39:49.62	18.1	160	1:38.34	121	27:18.52	8:49	1:24:52.3
135	Tina Ellis	41	F	55	11:01.43	1:50	112	2:05.71	145	40:21.28	17.8	167	1:40.76	157	30:03.30	9:42	1:25:12.4
136	Sean McColl	54	M	156	14:16.56	2:23	152	2:35.61	160	41:44.65	17.2	111	1:07.43	101	25:47.95	8:19	1:25:32.2
137	John Ebert	61	M	158	14:38.87	2:26	180	3:28.04	115	38:35.41	18.7	169	1:42.04	120	27:11.98	8:46	1:25:36.3
138	Ryan Calhoun	45	M	128	13:24.00	2:14	117	2:10.72	124	39:23.26	18.3	141	1:22.72	150	29:22.97	9:29	1:25:43.6
139	Eden Buntin	34	F	123	13:17.25	2:13	62	1:39.23	125	39:24.62	18.3	124	1:11.54	159	30:27.40	9:49	1:26:00.0
140	Marty Bauer	36	M	108	12:50.47	2:08	190	4:13.25	120	39:03.08	18.4	182	2:04.46	131	28:07.71	9:04	1:26:18.9
141	Matthew Graziano	30	M	191	19:36.32	3:16	74	1:44.72	59	35:06.87	20.5	158	1:35.61	132	28:18.88	9:08	1:26:22.4
142	Erik Brower	29	M	182	17:10.34	2:52	85	1:51.32	167	43:13.94	16.7	70	0:50.91	68	23:40.33	7:38	1:26:46.8
143	Raymond Mowery	44	M	92	12:20.11	2:03	137	2:24.40	131	39:40.91	18.1	159	1:37.70	162	30:50.06	9:57	1:26:53.1
144	Gary Velasquez	56	M	164	15:17.17	2:33	147	2:30.61	127	39:29.79	18.2	132	1:16.06	136	28:31.51	9:12	1:27:05.1
145	Keith Arnold	56	M	98	12:32.79	2:05	115	2:06.28	66	35:40.40	20.2	173	1:45.81	182	35:18.12	11:23	1:27:23.4
146	Lauren Smith	32	F	133	13:35.71	2:16	145	2:28.83	102	37:46.87	19.1	189	2:33.75	165	31:01.65	10:01	1:27:26.8
147	Jeffrey Laro	54	M	186	17:57.98	3:00	127	2:18.71	100	37:37.37	19.1	103	1:04.22	138	28:42.63	9:16	1:27:40.9
148	Diane Errington	58	F	124	13:17.63	2:13	161	2:49.45	158	41:31.86	17.3	85	0:55.64	143	29:07.24	9:24	1:27:41.8
149	Karen Kistler	41	F	59	11:11.13	1:52	88	1:53.22	168	43:14.06	16.7	157	1:33.39	156	30:03.27	9:42	1:27:55.0
150	Matt Ronchetto	45	M	75	11:42.83	1:57	108	2:04.21	129	39:35.43	18.2	120	1:10.22	174	33:25.97	10:47	1:27:58.6
151	Jim Zimmer	37	M	168	15:32.36	2:35	156	2:41.09	130	39:37.00	18.2	94	1:00.54	148	29:14.30	9:26	1:28:05.2
152	Leah Burkett	38	F	131	13:27.59	2:15	133	2:22.55	152	40:58.29	17.6	68	0:50.45	160	30:35.63	9:52	1:28:14.5
153	Michael Connor	58	M	194	20:11.59	3:22	132	2:20.99	157	41:30.51	17.3	164	1:39.95	55	22:54.51	7:23	1:28:37.5
154	William Phillips	43	M	111	12:53.38	2:09	181	3:28.55	121	39:03.33	18.4	161	1:38.63	169	31:35.45	10:11	1:28:39.3
155	Amanda Robles	34	F	148	13:57.95	2:20	131	2:20.91	177	45:21.36	15.9	96	1:01.88	112	26:15.81	8:28	1:28:57.9
156	Brian Reams	46	M	177	16:30.98	2:45	121	2:14.47	113	38:29.41	18.7	136	1:18.36	166	31:02.47	10:01	1:29:35.6
157	Candace Camp	51	F	135	13:42.01	2:17	107	2:03.09	169	43:19.77	16.6	139	1:21.47	151	29:25.93	9:30	1:29:52.2
158	Edith Lamana	56	F	185	17:41.22	2:57	149	2:31.94	117	38:53.58	18.5	121	1:10.31	154	29:42.12	9:35	1:29:59.1
159	Alice Savage	37	F	68	11:25.10	1:54	165	2:50.66	144	40:15.74	17.9	181	2:00.67	176	33:43.58	10:53	1:30:15.7
160	Christian Blank	36	M	179	16:52.22	2:49	163	2:50.07	178	45:31.93	15.8	135	1:17.69	70	23:48.69	7:41	1:30:20.6
161	Matt Frost	29	M	184	17:36.80	2:56	119	2:11.67	110	38:13.64	18.8	153	1:31.80	163	30:52.32	9:58	1:30:26.2
162	John Wimberly	14	M	81	11:56.18	1:59	138	2:24.53	180	46:50.88	15.4	17	0:33.06	146	29:09.67	9:24	1:30:54.3
163	Mark Wimberly	14	M	82	11:56.27	1:59	143	2:26.53	179	46:50.44	15.4	18	0:33.24	144	29:08.20	9:24	1:30:54.6
164	Janet Wehrle	50	F	170	15:47.05	2:38	159	2:45.10	106	38:05.94	18.9	185	2:13.66	172	32:11.57	10:23	1:31:03.3
165	Kevin Fallon	44	M	193	19:58.88	3:20	183	3:36.41	136	39:50.84	18.1	140	1:21.53	113	26:24.19	8:31	1:31:11.8

# Charleston Sprint Triathlon Series #4

## 2021 CSTS4

Race Date

July 25, 2021

Place	Name	Age	Gnd	Swim		T1		Bike		T2		Run 5K		Total Time			
				Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Rnk		Time	Pace	
166	Caroline Raburn	35	F	173	16:03.16	2:41	103	2:01.11	172	44:00.41	16.4	49	0:44.33	137	28:42.16	9:16	1:31:31.1
167	Jennifer Vice	47	F	192	19:46.64	3:18	158	2:44.38	109	38:09.85	18.9	172	1:45.76	170	31:56.06	10:18	1:34:22.6
168	Shimul Patel	41	F	189	19:14.99	3:12	157	2:41.49	138	39:59.27	18.0	151	1:30.97	167	31:20.56	10:07	1:34:47.2
169	Avery Calhoun	16	F	103	12:44.47	2:07	162	2:49.96	186	48:49.07	14.7	127	1:12.66	155	29:58.95	9:40	1:35:35.1
170	John Rhodes	55	M	125	13:20.44	2:13	129	2:19.79	161	42:20.48	17.0	178	1:57.65	183	35:47.72	11:33	1:35:46.0
171	Rachel Drake	24	F	187	18:31.22	3:05	155	2:40.87	126	39:28.67	18.2	57	0:47.56	178	34:29.80	11:08	1:35:58.1
172	Bradlee Kopsak	28	F	146	13:54.06	2:19	98	2:00.10	174	44:58.73	16.0	143	1:24.30	177	33:44.58	10:53	1:36:01.7
173	Viki Hill	65	F	132	13:33.93	2:16	124	2:17.61	176	45:14.18	15.9	129	1:15.22	175	33:41.22	10:52	1:36:02.1
174	Ryan Minter	33	M	183	17:34.22	2:56	113	2:05.71	188	49:03.05	14.7	183	2:05.10	97	25:24.55	8:12	1:36:12.6
175	Galen Lee	18	M	171	15:48.33	2:38	175	3:05.39	193	53:38.22	13.4	35	0:40.01	62	23:14.45	7:30	1:36:26.4
176	Elizabeth Holt	28	F	160	14:44.70	2:27	148	2:31.68	164	42:44.17	16.8	108	1:05.82	184	35:49.17	11:33	1:36:55.5
177	Gary Rautenstrauch	67	M	181	16:54.27	2:49	166	2:50.87	175	45:07.92	16.0	184	2:08.30	164	30:56.54	9:59	1:37:57.9
178	Caroline Bickley	35	F	175	16:13.95	2:42	185	3:43.12	191	52:47.80	13.6	196	4:57.98	22	20:48.21	6:43	1:38:31.0
179	Samantha Durham	32	F	174	16:10.42	2:42	182	3:30.90	166	43:12.93	16.7	106	1:05.37	180	34:40.29	11:11	1:38:39.9
180	Angie Hill	43	F	159	14:43.42	2:27	174	3:00.18	150	40:54.11	17.6	187	2:30.24	188	38:04.55	12:17	1:39:12.5
181	Maureen Fallon	43	F	188	19:08.98	3:11	178	3:10.57	183	48:00.50	15.0	138	1:19.95	125	27:42.00	8:56	1:39:22.0
182	Kathy Calhoun	44	F	138	13:47.30	2:18	191	4:16.46	185	48:03.64	15.0	130	1:15.24	179	34:40.23	11:11	1:42:02.8
183	Heather Schlabach	27	F	150	13:59.97	2:20	184	3:41.08	190	50:27.13	14.3	190	2:49.88	168	31:31.61	10:10	1:42:29.6
184	Mckenna Ronchetto	16	F	74	11:41.93	1:57	188	3:57.62	182	47:56.32	15.0	133	1:17.15	190	39:07.02	12:37	1:44:00.0
185	Maysen Ronchetto	15	F	121	13:14.64	2:12	193	4:51.46	171	43:50.85	16.4	192	3:00.14	189	39:02.96	12:36	1:44:00.0
186	Angie Giddens	41	F	190	19:16.36	3:13	186	3:44.48	162	42:24.77	17.0	150	1:30.84	186	37:07.03	11:58	1:44:03.4
187	Heather Benson	30	F	141	13:50.80	2:18	123	2:17.34	196	1:03:16.3	11.4	9	0:29.17	78	24:14.15	7:49	1:44:07.7
188	Brian Krause	47	M	195	20:45.60	3:28	192	4:19.21	134	39:48.65	18.1	195	3:43.97	185	35:56.80	11:36	1:44:34.2
189	Michele Reese	48	F	109	12:50.56	2:08	139	2:24.57	173	44:05.48	16.3	72	0:51.15	193	45:52.47	14:48	1:46:04.2
190	Peter Ruth	67	M	196	21:10.85	3:32	187	3:49.09	151	40:54.85	17.6	191	2:52.77	187	37:43.95	12:10	1:46:31.5
191	Billie Williams	36	F	126	13:23.37	2:14	195	5:18.60	195	54:54.73	13.1	194	3:18.11	181	34:46.53	11:13	1:51:41.3
192	Jim Rice	62	M	178	16:31.93	2:45	194	4:58.99	181	47:22.16	15.2	174	1:46.25	192	42:08.09	13:36	1:52:47.4
193	Camryn Watson	18	F	151	14:04.22	2:21	196	8:38.31	194	54:54.02	13.1	193	3:17.08	171	31:57.75	10:19	1:52:51.3
194	Angela Flenner	39	F	162	14:51.32	2:29	150	2:34.61	192	53:31.23	13.5	175	1:51.25	191	40:50.32	13:10	1:53:38.7
195	Richard Mertz	72	M	155	14:16.11	2:23	179	3:26.22	187	48:52.35	14.7	177	1:55.70	194	52:13.75	16:51	2:00:44.1
196	Anthony Gill	77	M	180	16:53.55	2:49	170	2:54.61	189	50:23.91	14.3	154	1:32.30	195	53:14.84	17:11	2:04:59.2
DQ	Henry Wimberly	12	M	90	12:16.21	2:03	177	3:08.36	184	48:00.52	15.0	53	0:46.03	DQ	14:44.61	4:45	1:18:55.7