



LIFEGUARD CANDIDATES

Lifeguard employment with Charleston County Park and Recreation Commission requires that those candidates-- in order that they are able to perform the duties of a lifeguard-- possess adequate vision, hearing acuity, physical ability and stamina as documented by a medical doctor, a doctor's designated physician's assistant or Advanced Registered Nurse Practitioner (ARNP).

WORKING CONDITIONS: Duty as a Charleston County Park and Recreation Commission lifeguard will include, but not be limited to, exposure to

1. Environmental conditions, sometimes extreme, i.e. sun, wind, salt, ocean currents and conditions, inclement and threatening weather;
2. Physical training to include, but not limited to, running, swimming, agilities and other activities of a highly physical nature;
3. Emergency, rescue or first aid situations of a varied nature which could result in degrees of mental and physical stress;
4. Blood-borne pathogens;

Your physician should complete the certification portion of this document. Return it on or before your scheduled beach pre-test or waterpark training. **You will be denied participation in any beach pre-test or waterpark training until this certification has been completed and returned.**

PHYSICIAN'S CERTIFICATION

This is to certify that _____ is physically fit to perform the duties of a lifeguard, as described above.

Doctor _____
print name signature

Address _____

Telephone _____ **Date** _____

Employee Name (print) _____

Facility (circle one): Beachwalker Folly Beach Isle of Palms
Splash Island Splash Zone Whirlin' Waters
HQ Jr. Guard Inst. Swim Inst.