So that you can explore at your own pace, Caw Caw Interpretive Center provides a variety of self-guided trails. Watch for interpretive kiosks and signs along the way.

**Habitat Loop** - For the adventurous, this loop links the shorter trails and passes through all major habitats. Distance: 3.6 miles (2.2 km)

**Bottomland Hardwood Forest Trail** - Follow the edge of Caw Caw Swamp. Listen for owls, warblers, and calling frogs. Distance: 0.4 mile (1.9 km)

**Swamp Sanctuary Trail** - A shaded path and boardwalk cross maple-willow and cypress tupelo swamps, the domain of alligators and colorful birds. Distance: 0.4 mile (1.9 km)

**Upland Forest Loop** - Ideal for visitors with disabilities, this short trail passes through mixed-oak forest and overlooks former rice fields. Distance: 0.4 mile (7 km)

**Rice Fields Trail** - See where enslaved Africans lived and grew rice in the 1700s and 1800s. Distance: 1.1 miles (1.8 km)

**Waterfowl Trail** - This scenic loop follows former rice dikes through wetlands managed for ducks, wading birds, and shorebirds. Watch hawks and other birds of prey. Distance: 1.4 miles (2.2 km)

**Marshland Trail** - Stroll along colorful tidal marsh, a managed wading bird sanctuary, and through oak-hickory forest. Distance: 1.1 miles (1.8 km)

**Maritime Forest Trail** - See seasonal wildflowers, songbirds, and a unique understory of Tea plants (Camellia sinensis) from the "Tea Farm" era. Distance: 0.4 miles (7 km)